We Must Have Your Cooperation!!!

7 days prior to surgery, you MUST discontinue and avoid cold remedies, Alka-Seltzer and all Aspirin and aspirin containing products such as Ecotrin and Excedrin, as well as anti-inflammatory drugs such as Aleve, Lodine, Ibuprofen, Advil, Nuprin, Motrin, Naprosyn, Indocin, Orudis, Relafen, Voltaren, Anaprox, Clinoril, & Day-pro. You must also discontinue all vitamins and herbal Ginko Biloba, Ginger, Garlic, Ginseng & Vitamin E. These products can affect blood clotting prior to surgery and is an avoidable and unnecessary risk.

7 DAYS PRIOR TO SURGERY, USE ONLY TYLENOL IF NEEDED FOR PAIN!!!

Thank You,

Dr. Michael Almaraz